



Shine like stars.....



Wesley Methodist Primary School

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Dear Parent/Carer

WORLD MENTAL HEALTH DAY – WEDNESDAY 10TH OCTOBER

This year's World Mental Health Day takes place on Wednesday 10th October and we have chosen to fundraise for YoungMinds.

YoungMinds are the UK's leading charity supporting children and young people's mental health and campaign for a future with better mental health support for our children.

A campaign called **#HelloYellow** has been set up by YoungMinds, where they encourage all the children to wear something yellow on Wednesday 10th October and make a donation to YoungMinds.

#HelloYellow is a positive and fun way for children and young people to share the message that it's okay to reach out for help. By wearing something yellow (eg a yellow wig, yellow socks, scarf/tie or painting your nails yellow), children and teachers alike can show their support and raise money at the same time.

We ask that on Wednesday 10th October the children come into school in uniform but can wear a yellow accessory to show support, any donations will be gratefully received and forwarded onto the charity.

If you would like to see the work that YoungMinds do or the help and support that they offer, then go to www.youngminds.org.uk.

Thank you for your continued support.

Yours sincerely

Miss Wood
Pastoral Lead

